

XPC – Xtreme Powerlifting Coalition Council Members



Dan Dague, President, Event Director & Production Manager

- Over 30 years as a Competitive Powerlifter and Elite Powerlifter
- Strength Training Coach Grove City High School – 2005- 2008
- Personal & Strength Trainer
- Owner of Lexen Xtreme Strength Training, LLC., Grove City, Ohio
- Powerlifting Meet Director 2000 – Current
- Ohio State Chairman for the IPA (International Powerlifting Association)



Gene Rychlak, Vice President, International Relations

- Over 25 years as a Competitive Powerlifter.
- Powerlifting Hall of Fame Inductee (First Man to benchpress 1000 pounds)
- Founder of RPS (Rychlak Power Systems & Revolution Powerlifting Syndicate)
- International Powerlifting Liaison for XPC & RPS
- Powerlifting Meet Director, 1996 - Current
- Coach, Personal Trainer & Retired Professional Athlete



Mariah Liggett, Operations & Safety Manager

- National & World Womens Powerlifting Champion, Multi-World Records
- PhD Exercise Physiology; Certified Strength Coach and Personal Trainer



Laura Dodd, Event Regulations & Compliance Officer

- National & World Womens Powerlifting Champion, Multi-World Records
- Retired Columbus Police Officer



Michael Johnston, Athlete Advocate & Event Advisor

- National Champion Strongman – 2006 – 2008, Pro Powerlifter
- VP/ COO/ Co-owner American Strongman Corporation
- Physical Therapy Manager, Grant SportsMed



Kristi Dague, Marketing & Finance Manager & Legal Director

- Paralegal/Closing Coordinator, Countrytyme Realty, LLC.
- Manager, Lexen Xtreme, LLC.